

ジムパーソナルスケジュール

2025 年 9 月							
	日	月	火	水	木	金	土
		1	2	3	4	5	6
YUKINO			15:00~16:00	10:30~11:30 17:30~18:30		19:10~20:10	9:00~10:00
NANA			10:30~11:30 17:30~18:30	13:30~14:30	13:30~14:30 15:00~16:00 17:30~18:30	10:30~11:30 17:30~18:30	
SAKI							14:40~15:10 15:20~15:50
	7	8	9	10	11	12	13
YUKINO			20:40~21:40	10:30~11:30 17:30~18:30	10:30~11:30		13:30~14:30
NANA	12:00~13:00	17:30~18:30			15:00~16:00 19:10~20:10		9:00~10:00
SAKI	9:00~9:30 9:40~10:10						14:40~15:10 15:20~15:50
	14	15	16	17	18	19	20
YUKINO		9:00~10:00			15:00~16:00 20:40~21:40	10:30~11:30	9:00~10:00
NANA					13:30~14:30 17:30~18:30	19:10~20:10	
SAKI	9:00~9:30 9:40~10:10						14:40~15:10 15:20~15:50
	21	22	23	24	25	26	27
YUKINO		17:30~18:30			10:30~11:30 15:00~16:00 17:30~18:30	20:40~21:40	10:30~11:30
NANA	12:00~13:00	19:10~20:10				17:30~18:30	
SAKI	9:00~9:30 9:40~10:10						14:40~15:10 15:20~15:50
	28	29	30				
YUKINO	12:00~13:00	10:30~11:30 17:30~18:30					
NANA			17:30~18:30				
SAKI							
YUKINO							
NANA							
SAKI							

※ご予約状況や担当者はマイページをご登録後にご確認いただけます。