

ジムパーソナルスケジュール

2025 年		8 月					
	日	月	火	水	木	金	土
						1	2
YUKINO						20:40~21:40	9:00~10:00
NANA						17:30~18:30	
SAKI							14:40~15:10 15:20~15:50
	3	4	5	6	7	8	9
YUKINO			15:00~16:00	10:30~11:30 17:30~18:30	13:30~14:30 15:00~16:00 17:30~18:30		9:00~10:00
NANA	10:30~11:30	19:10~20:10	10:30~11:30 17:30~18:30			20:40~21:40	
SAKI							14:40~15:10 15:20~15:50
	10	11	12	13	14	15	16
YUKINO		9:00~10:00	17:30~18:30				
NANA	12:00~13:00						
SAKI	9:00~9:30 9:40~10:10						
	17	18	19	20	21	22	23
YUKINO	12:00~13:00	19:10~21:10			15:00~16:00 20:40~21:40	17:30~18:30	13:30~14:30
NANA		10:30~11:30 17:30~18:30	10:30~11:30 17:30~18:30		10:30~11:30 17:30~18:30		9:00~10:00
SAKI							
	24	25	26	27	28	29	30
YUKINO		20:40~21:40	10:30~11:30 17:30~18:30	10:30~11:30 15:00~16:00 17:30~18:30		17:30~18:30	10:30~11:30
NANA	12:00~13:00		19:10~20:10		10:30~11:30 15:00~16:00 17:30~18:30		
SAKI							14:40~15:10 15:20~15:50
	31						
YUKINO							
NANA	12:00~13:00						
SAKI							

※ご予約状況や担当者はマイページをご登録後にご確認いただけます。