

ジムパーソナルスケジュール

2025年 1月

	日	月	火	水	木	金	土
				1	2	3	4
YUKINO							9:00~10:00
NANA							13:30~14:30
SAKI							14:40~15:10 15:20~15:50

	5	6	7	8	9	10	11
YUKINO	13:30~14:30	19:10~20:10		10:30~11:30	13:30~14:30		13:30~14:30
NANA	9:00~10:00			17:00~18:00		17:30~18:30	12:00~13:00
SAKI							14:40~15:10 15:20~15:50

	12	13	14	15	16	17	18
YUKINO	9:00~10:00	9:00~10:00		10:30~11:30	15:00~16:00 17:30~18:30	10:30~11:30	
NANA	13:30~14:30		17:30~18:30			20:40~21:40	9:00~10:00
SAKI	9:00~9:30 9:40~10:10 14:40~15:10 15:20~15:50						14:40~15:10 15:20~15:50

	19	20	21	22	23	24	25
YUKINO		19:10~20:10	19:10~20:10 20:40~21:40			20:40~21:40	13:30~14:30
NANA	13:30~14:30	10:30~11:30 17:30~18:30		17:00~18:00	16:30~17:30		9:00~10:00
SAKI	9:00~9:30 9:40~10:10						14:40~15:10 15:20~15:50

	26	27	28	29	30	31	
YUKINO	10:30~11:30	17:30~18:30				10:30~11:30	
NANA	13:30~14:30			16:30~17:30	15:00~16:00	19:20~20:20	
SAKI	9:00~9:30 9:40~10:10						

YUKINO							
NANA							
SAKI							

※ご予約状況や担当者はマイページをご登録後にご確認いただけます。