

ジムパーソナルスケジュール

2024年 9月

	日	月	火	水	木	金	土
	1	2	3	4	5	6	7
YUKINO	9:00~10:00	12:00~13:00		10:30~11:30	17:00~18:00	17:00~18:00	
NANA	10:30~11:30 16:30~17:30	16:30~17:30			10:30~11:30 15:00~16:00	20:40~21:40	
SAKI	14:20~14:50 17:40~18:10						14:40~15:10 15:20~15:50

	8	9	10	11	12	13	14
YUKINO		19:10~20:10	20:40~21:40		10:30~11:30 13:30~14:30	12:00~13:00	9:00~10:00 12:00~13:00
NANA		10:30~11:30	12:00~13:00			19:10~20:10 20:40~21:40	10:30~11:30
SAKI							14:40~15:10 15:20~15:50

	15	16	17	18	19	20	21
YUKINO			10:30~11:30			19:10~20:10	10:30~11:30 13:30~14:30
NANA	10:30~11:30	10:30~11:30					9:00~10:00
SAKI							14:40~15:10 15:20~15:50

	22	23	24	25	26	27	28
YUKINO							9:00~10:00
NANA	9:00~10:00				13:30~14:30		10:30~11:30 13:30~14:30
SAKI	14:20~14:50 17:40~18:10						14:40~15:10 15:20~15:50

	29	30					
YUKINO							
NANA							
SAKI							

YUKINO							
NANA							
SAKI							

※ご予約状況や担当者はマイページをご登録後にご確認いただけます。