

# ジムパーソナルスケジュール

2024年 5月

	日	月	火	水	木	金	土
				1	2	3	4
YUKINO				10:30~11:30			
NANA				17:00~18:00	10:30~11:30 15:00~16:00		
SAKI							

	5	6	7	8	9	10	11
YUKINO			20:40~21:40			10:30~11:30	9:00~10:00
NANA			10:30~11:30	17:00~18:00	10:30~11:30 12:00~13:00		10:30~11:30 13:30~14:30
SAKI							14:40~15:10 15:20~15:50

	12	13	14	15	16	17	18
YUKINO					10:30~11:30 12:00~13:00		9:00~10:00
NANA	16:00~17:00		10:30~11:30				10:30~11:30 13:30~14:30
SAKI							14:40~15:10 15:20~15:50

	19	20	21	22	23	24	25
YUKINO	10:30~11:30 16:30~17:30	10:30~11:30			12:00~13:00 15:00~16:00	20:40~21:40	9:00~10:00 12:00~13:00
NANA	9:00~10:00					10:30~11:30	13:30~14:30
SAKI							14:40~15:10 15:20~15:50

	26	27	28	29	30	31	
YUKINO		20:40~21:40	10:30~11:30				
NANA		10:30~11:30			12:00~13:00		
SAKI							

YUKINO							
NANA							
SAKI							