

ジムパーソナルスケジュール

2024年 3月

	日	月	火	水	木	金 1	土 2
YUKINO							
NANA							9:00~10:00 13:30~14:30
SAKI							
KANAKO							14:30~15:30
YOSHIMI							
	3	4	5	6	7	8	9
YUKINO	9:00~10:00	10:30~11:30 12:00~13:00	19:10~20:10 20:40~21:40	10:30~11:30			10:30~11:30 15:00~16:00 16:30~17:30
NANA	10:30~11:30 16:30~17:30	20:40~21:40	12:00~13:00				9:00~10:00 12:00~13:00
SAKI	14:20~14:50 17:40~18:10						14:40~15:10 15:20~15:50
KANAKO							14:30~15:30
YOSHIMI		11:35~12:05			11:35~12:05		
	10	11	12	13	14	15	16
YUKINO			10:30~11:30 15:00~16:00			17:30~18:30	9:00~10:00 13:30~14:30
NANA	10:30~11:30			17:30~18:30	10:30~11:30 15:00~16:00		
SAKI							14:40~15:10 15:20~15:50
KANAKO							14:30~15:30
YOSHIMI		11:35~12:05			11:35~12:05		
	17	18	19	20	21	22	23
YUKINO	10:30~11:30 16:30~17:30		12:00~13:00 15:00~16:00	10:30~11:30	20:40~21:40		
NANA	9:00~10:00	10:30~11:30		9:00~10:00	10:30~11:30 15:00~16:00		9:00~10:00 10:30~11:30
SAKI							14:40~15:10 15:20~15:50
KANAKO							14:30~15:30
YOSHIMI		11:35~12:05			11:35~12:05		
	24	25	26	27	28	29	30
YUKINO	9:00~10:00 15:00~16:00	20:40~21:40	16:30~17:30	10:30~11:30			10:30~11:30 16:30~17:30
NANA	10:30~11:30 16:30~17:30	16:30~17:30	10:30~11:30 13:30~14:30 15:00~16:00		10:30~11:30		9:00~10:00 12:00~13:00 15:00~16:00
SAKI	14:20~14:50 17:40~18:10						14:40~15:10 15:20~15:50
KANAKO							14:30~15:30
YOSHIMI		11:35~12:05			11:35~12:05		
	31						
YUKINO	9:00~10:00 15:00~16:00						
NANA	10:30~11:30						
SAKI							
KANAKO							
YOSHIMI							

※ご予約状況や担当者はマイページをご登録後にご確認いただけます。